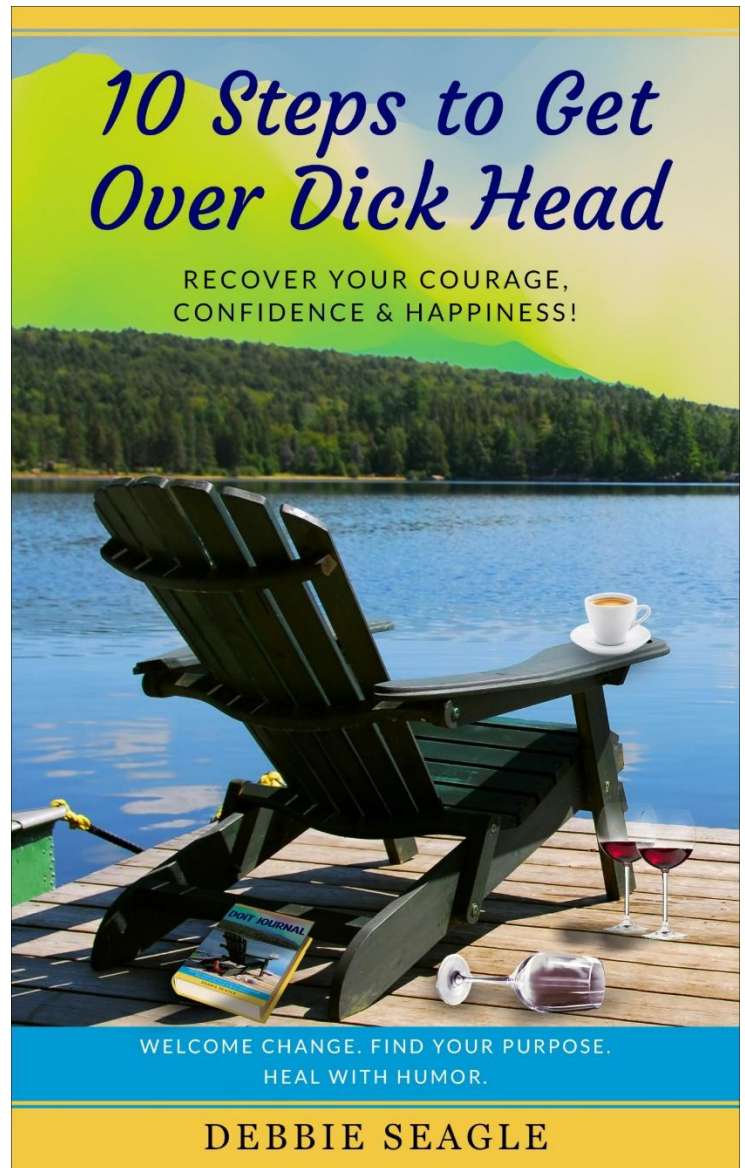


# Book Club Discussion for 10 Steps to Get Over Dick Head

If your book club is reading any of my books, I'd be happy to Zoom with you or join you in person!  
I love Book Clubs & love to travel.

## Ideas for Book Club Discussion of 10 Steps to Get Over Dick Head:

1. Did you notice that chapter names were song/track titles?
2. Did you Breathe in Step 2? Breathing helps you live longer. Do it as a group now (p. 15)
3. According to Debbie, what is the secret to happiness?
4. What made you laugh out loud?
5. Let's DOit together (Step 8, p. 45) ANTS IN YOUR PANTS! Stand up & prove it.
6. As suggested, did you do something to make someone else's life better this month?
7. What is your favorite journal prompt?
8. Was there a journal prompt you couldn't answer?
9. Which of the 10 steps was most helpful?
10. Did you post a book review where you purchased the book? (It takes 3 minutes)



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